

Child's name _____ Date of birth _____ Today's Date _____
 (first last)

Screening for Child Age 5 - 10 years

Age ___ Years

Nutrition	How many ounces of milk per day	None	4	8	16	24	>25
	What type of milk	Whole	2%	1%	Skim	Soy	Rice Other
	How many ounces of juice per day	None	4	8	16	24	>25
	How many ounces of water per day	None	4	8	16	24	>25
	How many caffeinated drinks per day	None	1	2	3	4	5
	Eats regular meals including fruits/vegetables	Yes			No		
	Protein Source	Red Meat	Chicken	Turkey	Fish		

Education	School Grade	Pre-K	Kinder	1 st	2 nd	3 rd	4 th	5 th
	Special Education	No			Yes			
	School Performance	A	B	C	D	F	other	
	Parent/teacher concerns	No			Yes			
	Behavior concerns	No			Yes			
	Attention	Normal			Abnormal			
	Homework Social Interaction	Normal			Abnormal			

Well Child	Sleeping Concerns	No	Yes	
	Behavior/Attention	Normal	Abnormal	
	Has friends	Yes	No	
	At least 1 hour of physical activity per day	Yes	No	
	Less than 2 hours screen time per day	Yes	No	
	Does your child wear a helmet with riding a bicycle, skateboard, etc.	Yes	No	
	Do you have a swimming pool	No	Yes	
	Car Safety	Car Seat	Booster Seat	Seat Belt
		Back Seat	Front Seat	
Brushes teeth	Twice/day		Once/day	

Has your child been diagnosed with Asthma?	No	Yes
When was your child last Influenza Vaccine?	Date:	

Date: _____

Patient Name: _____

DOB _____

HISTORY FORM

Is there any family history of:

	NO	YES
1. Sudden death from heart disease before age 50?	<input type="checkbox"/>	<input type="checkbox"/>
2. Disability from heart disease before age 50?	<input type="checkbox"/>	<input type="checkbox"/>
3. Long Q-T Syndrome, Cardiomyopathy, or Marfan syndrome?	<input type="checkbox"/>	<input type="checkbox"/>
4. High Blood Pressure? Who? <input type="checkbox"/> father <input type="checkbox"/> mother <input type="checkbox"/> grandparent	<input type="checkbox"/>	<input type="checkbox"/>
5. High Cholesterol? Who? <input type="checkbox"/> father <input type="checkbox"/> mother <input type="checkbox"/> grandparent	<input type="checkbox"/>	<input type="checkbox"/>
6. Diabetes? Who? <input type="checkbox"/> father <input type="checkbox"/> mother <input type="checkbox"/> grandparent	<input type="checkbox"/>	<input type="checkbox"/>

Is there a patient history of:

1. Chest pain with exercise?	<input type="checkbox"/>	<input type="checkbox"/>
2. Excessive fatigue or shortness of breath with exercise?	<input type="checkbox"/>	<input type="checkbox"/>
3. Fainting?	<input type="checkbox"/>	<input type="checkbox"/>
4. Heart murmur?	<input type="checkbox"/>	<input type="checkbox"/>
5. High blood pressure?	<input type="checkbox"/>	<input type="checkbox"/>

Please explain "YES" answers here:

Who lives in the home with the patient:

TURN OVER

TO BE ANSWERED BY PATIENT:

In the past two weeks, how often have you been bothered by:

1. Little interest or pleasure in doing things?

Not at all Several days More than half the days Nearly every day

2. Feeling down, depressed, hopeless?

Not at all Several days More than half the days Nearly every day

Have you ever been concerned about someone in your family who is drinking alcohol or using drugs?

Yes No

Are you exposed to tobacco smoke or chewing tobacco?

Yes No

Do you live with anyone who uses tobacco?

Yes No

Are any of your friends using tobacco or e-cigarettes?

Yes No